

# My CNS Matters

**My CNS Matters** is a campaign to highlight the importance of **Clinical Nurse Specialists (CNSs)** in the care of people affected by leukaemia, and to address gaps in access to holistic support across the UK.

[Read our My CNS Matters report by clicking here \(PDF\)](#) 

## Why this matters

Clinical Nurse Specialists play a vital role in leukaemia care by providing expert guidance, emotional support and continuity throughout a patient's journey. However, evidence shows that access to CNSs and holistic support varies widely, depending on diagnosis type and local NHS provision.

Only around **28.2% of UK Trusts** report having leukaemia-specific CNSs, and just **31% of patients** receive sufficient emotional support from community or voluntary services after treatment. Rates of holistic care decrease further for people with chronic leukaemia compared to those with acute leukaemia.

## Campaign goals

The **My CNS Matters** campaign calls for action to improve clinical nurse specialist care for all leukaemia patients. Our key aims include:

- **Ensure access to support** is not limited by cancer type or treatment status.
- **Guarantee key workers** are known and easily reachable for every patient.
- **Clarify care team roles** and improve consistency in holistic support pathways.
- **Build trust in both medical and non-medical staff** to support patient needs.
- **Improve recognition of the value of CNS skills.**
- **Ensure staff with patient contact** have the right condition-specific knowledge.
- **Maximise teamwork**, both inside the NHS and with external partners.
- **Empower patients** through clear expectations and better information.

You can **read our full My CNS Matters report** to explore the evidence and recommendations in detail.

<https://lcdemo-stage.gb.aldryn.io/get-involved/campaigns/campaigns-archive/my-cns-matters/>

Leukaemia Care Registered Charity Number 1183890. Scotland Registered Charity Number SC049802

Helpline: [08088 010 444](tel:08088010444)

## How you can help

- **Read the report** to understand the findings and recommendations.
- **Share the campaign** with your network to raise awareness.
- **Talk to your local health team** about CNS access in your area.
- **Support our advocacy work** to improve care for all leukaemia patients.

## Support available

If you or someone you care for needs support relating to a leukaemia diagnosis, our team can help. Call our free helpline on **08088 010 444**, or send a message via WhatsApp on **07500 068 065** (Mon–Fri, 9am–5pm).

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